

#### ST. IGNATIUS COLLEGE OF EDUCATION (AUTONOMOUS) Accredited with 'A' grade by NAAC (Second Cycle) Palayamkottai – 627 002

# **Extension Activities**

2021 - 2022

# NATIONAL SPORTS DAY

Health club of St. Ignatius College of Education celebrating the Natioanal Sports Day of India, in commemoration of birth anniversary of Hockey wizard Major Dayan Chand and the valedictory function of FIT INDIA – INIGO Fitness Run 2021 on 03.09.2021, Friday. Dr.K. Xavier Jothi Sarguanam, Former Senior Manager of SDAT, Tirunelveli and President, Tennis Ball Cricket Association, Thoothukudi District, has presided over the function and delivered a talk on "Health is Wealth" and distributed the prizes to the winners of the INIGO Fitness Run 2021



St. IGNATIUS COLLEGE OF EDUCATION (Autonomous) (Re-accredited with 'A' Grade by NAAC) (Affiliated to Tamiliadu Teachers Education University, Chennai) Palayamkottai, Tirunelveli – 627 002

Health Club of SICE celebrating

#### National Sports day

Hockey Wizard Major Dayan Chand and the valedictory function of FIT INDIA - INIGO fitness Run 2021





#### CHIEF GUEST Dr.K.XAVIER JOTHI SARGUNAM, M.Sc., M.A., NIS., Ph.D., Former Senior Manager of SDAT., & President, Tennis Ball Cricket Association, Thoothukudi District. Organizing Committee Patron : Rev. Sr. A. Gemma, ICM Secretary Convener : Rev. Sr. Dr. L. Vasanthi Medona, ICM Principal Organizing Secretary: Dr. S. Josephine Director of Physical Education

#### SAMOOGA NEETHI NAAL PLEDGE





As per the guidance given by the Government of Tamilnadu, our college arranged a programme for taking Samooga Neethi Naal pledge on the birth anniversary of EVR.Periyar on 17.09.2021. To follow the SOP for Covid 19, our students are seated in five groups with social distancing and taken pledge.

# SENIOR CITIZEN DAY PLEDGE

The institution arranged an awareness programme on 01.10.2021 by taking Senior Citizen Day pledge to sensitize the students regarding their duties and responsibilities towards the senior citizens.







## JOY OF GIVING : KERALA FLOOD RELIEF

Youth Red Cross Society of St. Ignatius College of Education initiated "Joy of Giving" for the people who were affected in Kerala Flood and donated necessary things to on 27.10.2021, staff members and students were very generous and donated things like, rice and other grocery items, eatables, candle, match box, soaps, oils, toothpaste and brush, napkins, dresses, etc. All the things were handed over to Mr.Jebasingh and team, Disaster Management Service Committee, Kerala Flood Relief 2021







## BICYCLE RALLY TO PROMOTE BLOOD DONATION

To promote blood Donation among public, our college organised a Bicycle Rally on 28<sup>th</sup> October 2021, in collaboration with St. Xavier's College of Education and St. John's College of Education. 17 students and 5 staff members from St. John's College of Education, 10 students and 2 staff members from St. Xavier's College of Education and 23 students and one staff member from St. Ignatius College of Education have participated in the rally. Rev. Sr. Mary Selastine, Superior, St. Ignatius Convent waved the flag and made the rally to start. Rev. Sr. A. Gemma, Secretary, Rev. Sr. Dr. L. Vasanthi Medona, Principal, attended the inauguration. The route of the rally was from St. Ignatius College of Education via St. Xavier's College road, St. John's College road, Head post office, and ended in St. Ignatius College of Education.







### YOGA BREATHING DEMONSTRATION TO ST. IGNATIUS CONVENT HR. SEC. SCHOOL TEACHERS

The institution organized a workshop on "Breathing Exercises to Fight Covid" for St.Ignatius Convent Hr. Sec. School Teachers on 03.11.2021. Dr. S. Josephine, Director of Physical Education, demonstrated six yoga breathing techniques namely Meditative Pranayama, Yogic Pranayama, Nadisuthi Pranayama, Kabalapathy Pranayama, Sithali Pranayama and Ocean Breath Pranayama.











# DISTRIBUTION OF NILAVEMBU KASHAYAM

The institution took preventive measure to combat corona disease by distributing Nilavembu Kashayam to the students to boost their immunity power on 13.12.2021.











## JOY OF GIVING : CELEBRATING LIFE

The institution celebrated "Joy of Giving: Celebrating Life" in collaboration with St.Anne's Rehabilitation Centre for the Mentally Handicapped, Palayamkottai on 21.12.2021. The Special children made the programme a grand success through their cultural programmes. Our students contributed generously to find smiles in the children's faces.









#### JOY OF GIVING : SRILANKAN TAMIL REHABILITATION CAMP

In collaboration with St. Ignatius Convent Hr. Sec. School, Loyola Convent Nursery and Primary Schools the institution organized "Joy of Giving" for the people in Srilankan Tamil Rehabilitation Camp, Tirunelveli on 21.12.2021. The Staff members and students were very generous and donated essential things to each of the 46 families in the camp.









#### VISIT TO SPECIAL SCHOOL AND JOY OF GIVING ON THE OCCASION OF WORLD BRAILLE DAY

The institution celebrated 'Joy of Giving' with the students of Higher Secondary School for Visually Impaired, Palayamkottai on 04.01.2022, on the occasion of World Braille Day. Our students observed the methodology adopted in the classroom teaching, demonstration of Braille slate, Braille typing machine and the volley ball match of the students.

```
ST. IGNATIUS COLLEGE OF EDUCATION (Autonomous
                      Accredited with 'A' Grade by NAAC (Second Cycle
ted to Tamilnadu Teachers Education University, C
                       Palayamkottai, Tirunelveli - 627 002
                    Cordially invites you to the
   SPECIAL SCHOOL VISIT & IOY OF GIVING
                          on the occasion of
                       WORLD BRAILLE DAY
HIGHER SECONDARY SCHOOL FOR VISUALLY IMPAIRED
                       PALAVAMKOTTAL
                           Date & Time-
                    01 01 2022 @ 01 20 PM
                     Organizing Committee
    Sr. Dr. L. Vasanthi Medona, ICM
              Principal
                                                    Secretary
                                              Dr. A. Jeya Sudha
          Dr. S. Josephine
                                          Vice Principal &
Assistant Professor of History
        ctor of Physical Education
```





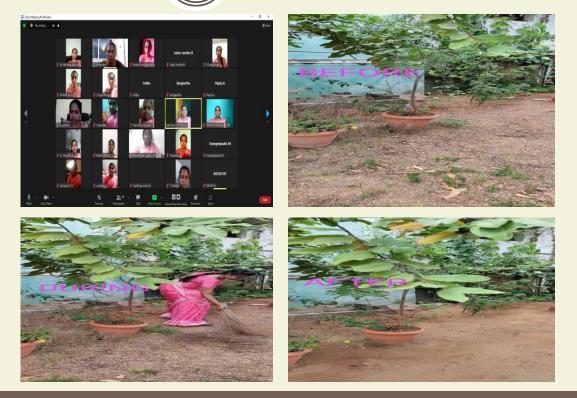
## **CITIZENSHIP TRAINING CAMP**

As a part of "Swatch Bharath Mission", our college organized an online programme for first year prospective teachers to clean their own home on 29.01.2022. An orientation session was given to the students and they were asked to clean their own home and the surrounding places from 01.30pm to 04.30 pm. The students were instructed to take photographs and to send those photographs to the google classroom (code: cr3kcd).



#### SWATCH BHARATH MISSION - "CLEAN HOME; CLEAN NATION"

As a part of "Swatch Bharath Mission", our college organized an online programme for first year prospective teachers to clean their own home on 29.01.2022. An orientation session was given to the students and they were asked to clean their own home and the surrounding places from 01.30pm to 04.30 pm. The students were instructed to take photographs and to send those photographs to the google classroom (code: cr3kcd).



## PLASTIC AWARENESS PROGRAMME ON THE THEME "SAY NO TO PLASTIC"

To make the students to take initiative to create awareness among the people in neighbouring houses on plastic awareness, the college organized an awareness programme on the theme "Say No to Plastic" on 31.01.2022. The aim is to increase public understanding and shape community perception on the dangers of plastic pollution and available solutions, thereby empowering more people to take action. The students were instructed to talk with the neighbouring people about ill effects of plastic, present a paper bag as a symbol of plastic free campaign and send the photographs to the google classroom (code: jvz2x4z). All the students have participated in this activity with enthusiasm.







#### AN AWARENESS RALLY ON THE THEME "WOMEN SAFETY"

In commemoration of the International Women's Day, a rally on the theme "Women Safety" was organized on 08.03.2022, in collaboration with St. John's College of Education. Rev. Sr. Mary Selastine, Superior, St. Ignatius Convent, Palayamkottai, inaugurated the rally.





## **ORIENTATION PROGRAMME ON TABLEAU**

The College organized an orientation programme on Tableau, for the first year students on 03.02.2022, in connection with an awareness programme through tableau on the theme, "Revamping the Reality". Dr.C.R.Gladys Stella Bai, former Director of Physical Education, St.Ignatius College of Education was the resource person and oriented the students about the tableau. The students were divided into five groups and given five different themes such as Today's youth, Violence against women, Child abuse, Road safety and Environmental condition in traditional vs modern world.







# AN AWARENESS PROGRAMME ON POCSO ACT

An awareness programme on Protection of Children from Sexual Offences, was organized for the first year B.Ed. students, on 04.02.2022. Dr. John Kennedy, S.J., Assistant Head Master, St. Xavier's Higher Secondary School, Palayamkottai, Tirunelveli clearly explained the types of crimes and how to protect children from sexual offences and the punishments to be given to the perpetrators.









## **VISIT TO SPECIAL SCHOOLS**

The institution organized special school visit to Higher Secondary School for Visually Impaired, Palayamkottai and St. Anne's Rehabilitation Centre for Mentally Challenged and Home for the Aged, Palayamkottai on 10.03.2022 to understand the teaching methodology of special schools and experience the life of the special children.





Annual Market with the Grade by MARK (Second synth) Market With the Grade by MARK (Second synth) Bayankotta, I Truncvell – 627 002 Diganizes Diganizes Diganizes Diganizes Diganizes Diganizes Bayankotta Diganizes Bayankotta Diganizes Diganiz

> Dr. J. Maria Prema tant Professor of Educe

Dr. P. Johncy Rose

# CONSUMER RIGHTS DAY

To create awareness on consumer rights, an awareness programme was organized for second year B.Ed. students, on 17.03.2022, from 3.30 pm - 4.30 pm. Mr. A. Jafer Ali, Advocate and Consumer Activist, District Court, Tirunelveli and Mr. M. Mathar Mohideen, Advocate, Student Organizer, People Consumer Association, District Court, Tirunelveli were the resource persons.



Vice Principal & Assi. Professor of History



## ARTISTRY EXPO

The institution organized an "Artistry Expo" for I year B.Ed. students on 26.03.2022 through online mode. The students submitted any one of the following presentations: Poster Making, Fabric Painting, Pencil Drawing, Rangoli, Article, Poem and any other creative work. All the students posted their creative work in different ways which broadened their perspectives and developed aesthetic sense.









## **CONSTITUTIONAL RIGHTS EDUCATION FOR CHILDREN**

An Awareness Programme on "Constitutional Rights Education for Children" was organized on 28th March 2022 in collaboration with Vaan Muhil Trust. Mr. M. A. Britto (Advocate), Director, Vaan Muhil, insisted on the importance of free and compulsory education for children aged between 6-14 years, and he clearly explained about Right to Education Act.



#### AN AWARENESS PROGRAMME THROUGH TABLEAU ON THE THEME "REVAMPING THE REALITY"

To infuse awareness among the students to fight against social evils, the college organized a tableau on the theme "Revamping the Reality" on 30<sup>th</sup> March 2022. Mr. T.P. Suresh Kumar, TPS., Deputy Commissioner of Police - East, Tirunelveli District inaugurated the programme in the presence of Rtn. Major Donor Jecintha Dharma, District Governor, Rotary International District 3212 and our prominent alumna. The first year prospective teachers enacted and showcased their talents on five different themes namely, Today's youth, Violence against women, Child abuse, Road safety and Environmental condition in traditional vs modern world. Students from the schools and colleges of the locality witnessed the tableau and highly appreciated their efforts.





## FIELD TRIP

An Educational tour to Kanyakumari was arranged on 01.04.2022 by the departments of English, Mathematics & Biological science. They visited the places such as Devasahayam Pillai Mount, Padmanabhapuram palace, Thirparappu falls, Suchindram Thanmalayan Temple and Kanayakumari beach. Students enjoyed well and experienced the glory of Kanyakumari district. This visit helped them to have a greater vision about the natural beauty of South India.

An Educational tour to Tuticorin, Manapad, Athichanallur and Krishnapuran Temple was organised on 01.04.2022 by the departments of Physical Science, History, Computer Science and Tamil. The visit helped the students to enjoy the archaeological treasures and natural beauty.









## CONSTITUTIONAL RIGHTS EDUCATION FOR CHILDREN

Our student teachers enthusiastically went to St. Ignatius Hr.Sec.School, Loyala Primary School and Loyola Nursery and Primary school to propagate buoyantly the essentials of "Constitutional Rights Education for Children" from 08.04.2022 to 19.04.2022. The young minds were skillfully oriented towards the teaching imparted by our students.



# COMMUNITY ORIENTED EXPOSURE PROGRAMME

To involve the prospective teachers in community services, our college organized six days Community Oriented Exposure Programme through the extensional service wing from 06.05.2022 to 13.05.2022, for the second year students. Each day, seven students along with a faculty member visited the places namely Ambedkar Nagar, Municipal Colony, Gandhi Nagar, Indira Nagar, Periyar Nagar and Bharathiyar Puram and conversed with the people there and this made an impact on the students to serve for the downtrodden people.





### VILLAGE SURVEY, AWARENESS PROGRAMMES & ENTERPRENEURSHIP TRAINING UNDER UNNAT BHARATH ABIYAN

The Ministry of Human Resource Development (MHRD) launched Unnat Bharat Ahiyaan (UBA) 2.0, which aims to bring a transformative change in rural development through the active participation of higher education institutes with rural communities and the reorientation of communities through research and development. It was launched in February 2018 by the Indian government. In June 2018, the University Grants Commission (UGC) established a Subject Expert Group (SEG) on Curricular Reforms and Educational Institutions Social Responsibility to help UBA 2.0 achieve its goals. Under UBA, St. Ignatius College of Education adopted five villages namely Melaputhaneri, Velankulam, Paraikulam, Pottalkulam and Uthamapandiyankulam and received the sum of 50,000 as seed money from Ministry of Education, Govt. of India. With this regard, prospective teachers along with the UBA committee members visited the villages and taken survey and conducted awareness programmes on "Water Conservation", "Importance of Education" and "Water Conservation", "Importance of Education" and "Ill Effects of Plastic waste", prospective teachers conducted Enterpreneurship Training on Making of Washing powder, Making of Silk Thread Jewellery, Making of Paper Bag, Making of Soap and Making of Omam Water to the village folk. One hundred and twenty people from the villages benifited from this workshops.



## **OBSERVANCE OF ANTI - TERRORISM DAY PLEDGE**

As per the guidance given by the Ministry of Home Affairs, Government of India, our college organized Anti-Terrorism Day pledge taking programme 21.05.2022 with an objective to wean away the youth from terrorism and the cult of violence. The Secretary, Rev. Sr. A. Gemma, ICM gave a special talk on Anti-Terrorism. To follow the SOP for Covid 19, our staff members has taken the pledge with social distancing.





## REV. SR. MAGGIE FIRST YEAR REMEMBERANCE FREE EYE CAMP

St. Ignatius College of Education organized a free eye camp on the first year Remembrance Day of Rev. Sr. Magdelene Therese, ICM, former Secretary of the college on 30.05.2022 in collaboration with Inter Religious Dialogue Commission, Tirunelveli and Tirunelveli Eye Foundation. The Secretary, Inter Religious Dialogue Commission, Rev. Fr. M. P. Sesuraj inaugurated the Eye Camp. The Bishop, Southern Diocese, Fr. Gibson John Thomas. Bro. Iruthayam, Rotarian Aruna Sivaji, Ganapathy Mr. Subramanian. Advocate Kandaswamy, The Public Relations Officer, Tirunelveli Eye Foundation, Mr. Velu and the coordinator, Inter Religious Dialogue Commission, Mr. Jebasingh attended the inaugural function. One Hundred and Eighty Four people attended the camp and benefited.









## **INIGO SPORTS & CULTURAL FEST**

The Fine Arts Competition of the Institution was conducted for second year students from 23.05.2022 to 25.05.2022 and for the first year students from 31.05.2022 to 02.06.2022, in the name INIGO Sports and Cultural Fest 2022. E -Content Preparation, Poetry writing, Drawing, Group Singing - English, Folk dance, English drama, Short Film Making and Aerobic Dance with light apparatus competitions were conducted for second year students. Poster Making, Elocution, Essay Writing, Group Singing – Tamil, Other state Dance, Tamil Drama, Mime and Pyramids were conducted for first year students. Each year students were divided into five groups and participated in all the events actively. Compulsory participation of all the students helped the students to acquire desirable social traits like cooperation, team spirit, oneness, tolerance and leadership qualities.



\_\_\_\_\_

#### LIBRARY VISIT TO DISTRICT CENTRAL LIBRARY

Sr.Lilly Pushpam Library conducted Library Visit to District Central Library, Pallayamkottai on 22<sup>nd</sup> & 23<sup>rd</sup> June 2022 for the First year B.Ed students to gain first hand information related to reference skills.







